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# **Appetizers**

#### 1. WARM HANDS

Full body massage with oil, candles and relaxing music.



#### 2. Breasts

She takes off her top and lays down on the bed. He kisses and licks her breasts while touching the rest of her body.



#### 3. Lingerie

She puts on something from the lingerie drawer and shows off for



#### 4. Oral

Get right to it and give each other plenty of oral sex. Switch several times or do it simultaneously.



#### 5. Shower

Get in the shower together and wash away all of today's stress and worries. Help lather each other up or just enjoy being naked together.



#### 6. EROTIC DANCE

She dresses up in something revealing and puts on sexy music. Then she seduces him with a sensual dance while slowly undressing.



#### 7. MOVIE NIGHT

Watch an erotic film together. Maybe you will be inspired by something you see?



#### 8. Talk it out

Sit down with a drink and talk about something that turns you on; reminisce about a previous experience or talk about what you want to do to each other later.











## Entrées

#### 9. Adagio

Calm down and take it slow and deep.

# slow and deep.

#### 10. Allegro

Faster and more intense! Let loose your inner animal and be passionate.



#### 11. Kama Sutra

Try at least 2-3 positions you normally don't use. You can use a book, a deck of cards or the internet to choose.



#### 12. Bondage

One you ties up the other and takes full responsibility for the pleasure of both.



## Side dishes

#### 13. BE PLAYFUL

Have fun with sex toys and lubricants.



#### 14. SMILE FOR THE CAMERA

Take photos or video during the session.



### **DESSERTS**

#### 15. Double dose

He will make sure that she climaxes two times – at least.



#### 16. A MOUTHFUL

Help each other across the finish line using your mouths.



#### 17. A HANDFUL

Take it into your own hands. You will both masturbate until you reach climax. Try to cum at the same time for bonus points.



#### 18. FACIAL

Does he deserve a bit of extra attention? She lets him cum on her face.





